

How does a Recovery Support Center support people around recovery?

Recovery Support Centers are operated by, with, and for the members, with staff who are in recovery, as well as volunteers. Our program at NOWA is designed and decided upon by the members and staff together.

Recovery Support Centers provide a positive space and environment for those who are in recovery or seeking recovery to:

- Connect with others in recovery & the community at large
- Learn new ways to support their recovery
- Involve family & friends in their recovery
- Find outside supports & resources
- Prepare for & find employment
- Help others & give back to the community
- Plan & engage in a variety of events & educational workshops
- Break the stigma of addiction by being a power of example
And so much more!!

Family, friends, and children are welcome at the NOWA Recovery Support Center, and we encourage allies and loved ones to get involved. We are a community of peers, loving our lives in recovery! Come join us!

Mission Statement

No One Walks Alone is a safe place where peers and loved ones support and empower one another. NOWA is an atmosphere of positivity and compassion. We believe in each other and honor all pathways to recovery, while embracing a new way of life in recovery. Our goal is to inspire, motivate & encourage the Blackstone Valley community by showing recovery is possible.

We Love Members & Volunteers!

We love to give back to our community!! Members and volunteers are needed. Are you in Recovery? Love someone who is in Recovery? Looking to get involved with the Recovery Community? Looking to give back to our community? Come stop in our Recovery Center & get involved!

We Love Giving Back to our Community!

We strive to connect our members to the community at large. Our members, volunteers, and staff engage in a variety of community events and efforts in order to promote a positive lifestyle and offer hope and support to others.

Check us out to learn more!



**9 Spring Street
Whitinsville, MA 01588**

508-266-0210

www.facebook.com/NOWARSC

Call or check our Facebook page for current hours and schedules!



*Funded by
MA Bureau of Substance Addiction Services (BSAS)*

Local Recovery Resources

Detox / Continuum of Care

Worcester County

Sunrise Detox - 508-581-5225
Washburn House - 508-834-8599
AdCare Hospital - 800-ALCOHOL (Level 4)
CHL (Community Healthlink) - 508-860-1000
Spectrum - 508-898-1570
Recovery Centers of America - 888-704-5945
Motivating Youth Recovery (MYR) - 508-860-1244

Medication Supported Recovery (MAT) ***(Suboxone, Methadone & Vivitrol)***

Spectrum / ***Milford, Millbury, Worcester*** - 877-MY-REHAB
CleanSlate / ***Worcester*** - 508-471-5600
Right Choice / ***Worcester*** - 774-420-2802
SaVida Health / ***Worcester*** - 508-890-0990

For a complete listing of providers, go to:

MA Addiction Recovery Software Inc www.marsi.org

Narcan / Naltrexone

- ***Free Narcan & HIV/HEP C Testing***
 - APW (AIDS Project Worcester)
85 Green St, ***Worcester***-508-755-3773
 - Program Rise by JRI
1 Grant St, ***Framingham*** - 508-935-2960
- ***Free Narcan Training & Free Narcan Provided by Program RISE at NOWA, 9 Spring St, Whitinsville on 3rd Wednesday of the month at 10am***

Did you know—All Massachusetts Pharmacies have a standing Rx order to provide Narcan on request without an individual prescription. Must show insurance card & pay Rx Copayment

Homeless Shelters

Whitinsville

Blackstone Valley Emergency Shelter - 508-266-5122

Worcester

Hotel Grace/St. John's Overflow Shelter - 774-578-1128
SMOC Shelter, 25 Queen St - 508-757-0103

Local Recovery Resources

Housing

DTA/DHCD- 508-767-3100
Central MA Housing Alliance - 508-752-5519
RCAP Solutions - 800-488-1969
Catholic Charities - 508-798-0191

Residential & Halfway Houses

WOMEN

Millbury

Rhodes House (SMOC) - 508-581-7821

Worcester

Faith House (CHL) - 508-852-6610
Linda Fay Griffin House (Advocates) - 508-755-8990
Maranda's House (CHL) - 508-860-1005
Salvation Army (Coed) - 508-799-0528
Beryl's House (CHL) - 774-243-6995 (section 35 only)
Jana's Place (Lift) - 774-243-6025

MEN

Worcester

Channing House (Advocates) - 508-755-8088
Crozier House (Catholic Charities) - 508-798-0191
Jeremiah's Inn - 508-755-6403
Salvation Army (Coed) - 508-799-0528
Hector Reyes - 508-753-4664
Dismas House - 508-799-9389

Sober Housing

WOMEN

Worcester

Willing House - 508-459-3262
Vanderburgh House (Germain St) - 844-762-3747
Living House (Vernon St) - 978-656-1882
SMOC (Multiple) - 508-757-0103
Sylvia's Phoenix Rising - 413-320-1964

Local Recovery Resources

Sober Housing

MEN

Worcester

Willing House (John St) - 508-459-3262
Vanderburgh House (Kenwood Ave) - 844-762-3747
Living House (Norton St) - 978-656-1882
Wellness House (Hamilton St) - 508-281-0222
Phoenix Rising - 413-320-1964
Opening Heavens Door - 508-799-3895
Lazarus-Zacchaeus House (Endicott St)- 508-820-5963
Massachusetts Association of Sober Houses - www.mashsoberhousing.org

Family Support Groups

Learn2Cope, ***Worcester, Franklin, Attleboro, & Framingham*** - learn2cope.org 508-801-3247
Adcare Family & Friends Support, 107 Lincoln St, ***Worcester*** - Thursdays 6:30-8pm-508-799-9000
Adcare Info & Support, 95 Lincoln St, ***Worcester***
4th Wednesday of month - 6pm-508-453-3053
Parent Grief Group, NOWA, 9 Spring St, ***Whitinsville***, every Monday 6:30-8pm
Gail 508-341-4524 or Robyn 774-276-7704

Recovery Support Groups

Alcoholics Anonymous (AA) - www.aa.org
All Recovery - www.facebook.com/NOWARSC
Celebrate Recovery - www.celebraterecovery.com
Drug Addicts Anonymous (DAA) - www.daausa.org
Dual Recovery Anonymous (DRA) - www.draonline.org
Narcotics Anonymous (NA) - www.na.org
Recovery Dharma - www.recoverydharma.org
Refuge Recovery - www.refugerecovery.org
S.M.A.R.T. Recovery - www.smartrecovery.org

